

**New England Pain Management Consultants**  
At Boston Medical Center

INITIAL PAIN MANAGEMENT PATIENT QUESTIONNAIRE

Dear New Pain Management Patient,

Welcome to the New England Pain Management Consultants Pain Clinic at Boston Medical Center. Please take a few moments to carefully and completely fill out the following questions regarding your pain history and medical history. Accurate completion of this form is important, so please ask the receptionist or the nurse if you have any questions. When choices are given, circle the answer that is correct.

At New England Pain Management Consultants, your time is important to us. We greatly appreciate your arriving on time and we will always do our best to stay on schedule so that you don't have to wait for your appointment. Occasionally, we do get behind schedule because of emergencies or because prior patients have required more time for their appointments than we had anticipated. In the event that this happens, please be assured that you will be seen as soon as possible and always in the order in which you were scheduled.

Thank You,

The Pain Clinic Staff of  
Boston Medical Center

Please list the following:

REFERRING PHYSICIAN: \_\_\_\_\_

PRIMARY CARE PHYSICIAN: \_\_\_\_\_

**CHIEF COMPLAINT:**

Please briefly state the reason you are here today. For example: low back pain, headache, right shoulder pain, etc. \_\_\_\_\_

**HISTORY OR PRESENT ILLNESS:**

When did your pain first start? \_\_\_\_\_

How did your pain start? \_\_\_\_\_

Was it the result of an accident or injury?  YES  NO

Were you injured at work?  YES  NO

Are you involved in litigation (Lawsuit)?  YES  NO

Is Worker's Compensation involved in injury?  YES  NO

What part of your body hurts the most? \_\_\_\_\_

Does the pain radiate from this part of your body to another area?  YES  NO

If yes, where? \_\_\_\_\_

Describe the quality of the pain; circle all of the words that apply.      Sharp      Burning  
Dull      Aching

Is your pain constant or intermittent?      Constant      Intermittent

If your pain is intermittent, is there a time of the day when your pain is usually worse or better?      Worse      Better  
\_\_\_\_\_ AM / PM      \_\_\_\_\_ AM / PM

Are there activities that make your pain worse (For example: walking, sitting, stair climbing, etc.) \_\_\_\_\_

What makes your pain better? \_\_\_\_\_

**DIAGNOSTIC TESTS:**

Have you had any of the following to help diagnose your pain problem?

1. Plain X-rays:             YES             NO  
 Date:    /    /  
 What X-ray facility? \_\_\_\_\_
  
2. CT Scans:             YES             NO  
 Date:    /    /  
 What X-ray facility? \_\_\_\_\_
  
3. MRI Scans:             YES             NO  
 Date:    /    /  
 What X-ray facility? \_\_\_\_\_

**PAIN MEDICATIONS:**

Please list any pain medications that you are taking now or have taken in the past to treat your pain. Non-pain medicines should be listed of page 4.

Pain Medication	Amount	Has it helped?		Prescribed by:
		<input type="checkbox"/> YES	<input type="checkbox"/> NO	
		<input type="checkbox"/> YES	<input type="checkbox"/> NO	
		<input type="checkbox"/> YES	<input type="checkbox"/> NO	
		<input type="checkbox"/> YES	<input type="checkbox"/> NO	
		<input type="checkbox"/> YES	<input type="checkbox"/> NO	
		<input type="checkbox"/> YES	<input type="checkbox"/> NO	
		<input type="checkbox"/> YES	<input type="checkbox"/> NO	
		<input type="checkbox"/> YES	<input type="checkbox"/> NO	

**PAST MEDICAL HISTORY:**

Do you have a history of any of the following?

Chest Pain	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Stroke	<input type="checkbox"/> YES	<input type="checkbox"/> NO
Heart Attack	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Ulcer Disease	<input type="checkbox"/> YES	<input type="checkbox"/> NO
High Blood Pressure	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Diabetes	<input type="checkbox"/> YES	<input type="checkbox"/> NO
Congestive Heart Failure	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Thyroid Disease	<input type="checkbox"/> YES	<input type="checkbox"/> NO
Abnormal Heart Rhythm	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Anemia	<input type="checkbox"/> YES	<input type="checkbox"/> NO
Asthma	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Bleeding Disorders	<input type="checkbox"/> YES	<input type="checkbox"/> NO
Pneumonia	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Arthritis	<input type="checkbox"/> YES	<input type="checkbox"/> NO
Kidney Failure	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Psychiatric Disorders	<input type="checkbox"/> YES	<input type="checkbox"/> NO
Prostate Trouble	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Cancer	<input type="checkbox"/> YES	<input type="checkbox"/> NO
Liver Failure	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Hepatitis	<input type="checkbox"/> YES	<input type="checkbox"/> NO
Seizures	<input type="checkbox"/> YES	<input type="checkbox"/> NO	Are You Pregnant	<input type="checkbox"/> YES	<input type="checkbox"/> NO
	<input type="checkbox"/> YES	<input type="checkbox"/> NO		<input type="checkbox"/> YES	<input type="checkbox"/> NO
	<input type="checkbox"/> YES	<input type="checkbox"/> NO		<input type="checkbox"/> YES	<input type="checkbox"/> NO

**PAST SURGICAL HISTORY**

Please list any surgical procedures that you have had and the date of the surgery.

Check this box if you have never had surgery.

Surgery	Date of Operation

**CURRENT MEDICATIONS:** (Don't list pain medications here. Pain medications should be listed on page 3.)

Medication	Amount (Mg)	Frequency	What is it for?

**ALLERGIES:**

Please list any medications that you are allergic to and the adverse reaction that you have.

Check if you have no known drug allergies

Medication:	Adverse Reaction:

**SOCIAL HISTORY:**

Marital Status:    Single            Married            Divorced            Widowed            Committed Relationship

Work Status:            Working            Not working            Retired            Disabled

Occupation: \_\_\_\_\_

Disability:            Temporary            Permanent

Reason for Disability: \_\_\_\_\_

If you are not currently working, do you plan to return to work?     YES             NO

FAMILY HISTORY: Please list any diseases that run in your family.  
(for example: diabetes, heart disease, cancer, etc.)

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**REVIEW OF SYSTEMS:**

Have you ever been a smoker?             YES             NO

If yes, do you still smoke?             YES             NO

How many packs a day do you smoke? \_\_\_\_\_

If no, what year did you quit? \_\_\_\_\_

Do you drink alcohol?             YES             NO

If yes, how many drinks / day? \_\_\_\_\_

Have you ever had a problem with alcohol?     YES             NO

Do you have a history of using marijuana,  
cocaine, heroin or other illegal drugs?     YES             NO

If yes, which drugs? \_\_\_\_\_

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Patient Name

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Signature

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Date

THIS IS THE END OF THE PATIENT SECTION, THE REST OF THE INFORMATION WILL BE FILLED IN BY YOUR NURSE AND DOCTOR.



**Boston Medical Center**  
One Boston Medical Center Place  
Boston, MA 02118  
Telephone: (617) 638-6965

PHYSICAL EXAM

Height \_\_\_\_\_ Ft. \_\_\_\_\_ In.      Weight \_\_\_\_\_ Lbs.      BP \_\_\_\_\_ / \_\_\_\_\_

ADDITIONAL COMMENTS:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Nurse's Signature (if applicable)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date

